

# LifePath Hospice Bereavement Support Groups



Support groups provide a safe place to express feelings and share experiences. LifePath Hospice provides a variety of support groups to help the community. You do not have to be the loved one of a hospice patient to participate in these groups. All support groups are provided at no cost to participants. **For more information and to register, please call 813.357.5610 or visit the calendar at [chaptershealth.org](https://chaptershealth.org).**

## Bereavement Services

All bereavement services are offered at no cost to participants. Grief counseling is not only offered to our hospice families, but is open to all Hillsborough County residents who have experienced the death of a loved one. Pre-registration is required.

## Individual Counseling

At LifePath Hospice, we continue to provide grief support for the bereaved family and friends during this difficult time. Individual counseling with a bereavement specialist is available virtually, over the phone or in person. Please call for more information and to register.

**If you are feeling under the weather or have concerns about your health, please feel free to wear a mask when entering our buildings. Masks are not required but are always welcomed for your comfort and safety.**

## New Beginnings Support Groups

Eight-week structured support group programs for grieving adults.

**Registration is required. Limited spots available.**

### Mondays

January 8 – February 26  
11:30 a.m. – 1 p.m.  
Hosted in person at the Temple Terrace office

### Tuesdays

January 23 – March 12  
12 – 1:30 p.m.  
Hosted in person at the Tampa office and virtually

### Wednesdays

January 31 – March 20  
1 – 2:30 p.m.  
Hosted in person in Seffner

## Ongoing Adult Grief Support Groups

Support groups open for registration at any time to those who are working through their grief beyond one year of loss, or those who have previously participated in grief support services with LifePath Hospice.

### 2nd and 4th Wednesdays Monthly

December 13 and December 27  
January 10 and January 24  
1 – 2:30 p.m.  
Hosted in person at the Temple Terrace office

## Specialty Grief Support Groups

### Grupos de Apoyo en Español para Adultos Doliente

Spanish-Speaking Adult Grief Support Group. Llame a nuestra especialista en duelo, Estefanie Gaspar, MSW, al **813.295.0800** para obtener más información y inscribirse.

### Jueves

1 de Febrero – 21 de Marzo  
2:30 – 3:30 p.m.  
En persona en la oficina de Temple Terrace

### Spousal Loss Support Group

Providing support for those who have lost a spouse

### 1st and 3rd Wednesdays Monthly

December 6 and December 20  
January 3 and January 17  
2 – 3:30 p.m.  
Hosted in person at the Tampa office

## SURPASS: Support in Understanding Relationships and Pain After Suicide for Survivors

Providing support for those who have lost a loved one through suicide

### 1st and 3rd Fridays Monthly

December 1 and December 15  
January 5 and January 19  
3 – 4:30 p.m.  
Hosted in person at the Ruskin/Sun City Center office

### Young Adult Support Group

Providing support for ages 18-35

### 1st and 3rd Tuesdays Monthly

December 5 and December 19  
January 2 and January 16  
6 – 7:30 p.m.  
Hosted in person at the Tampa office and virtually

## Circle of Love Children's Grief Program

Providing support for young grievers ages five through high school and their families.

### 2nd and 4th Tuesdays Monthly

\*December 12  
January 9 and January 23  
6 – 7:30 p.m.  
Hosted in person at the Tampa and Ruskin/Sun City Center office  
*\*Please join our Holiday Party!*

**Registration is required for all support groups due to limited availability.**

**Se requiere inscripción para todos los grupos de apoyo debido a disponibilidad limitada.**



# SAVE THE DATE: March 8 - 10, 2024

*LifePath Hospice offers its annual*

## *Camp Circle of Love*

*a weekend camp for children who have experienced the loss of a loved one*



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All children need to be surrounded by love, especially those who have recently experienced the death of a loved one. LifePath Hospice recognizes the special needs of these children and has created Camp Circle of Love. This weekend camp for children, ages five through high school, helps those who have recently lost a loved one share their feelings of loss with others. The experience combines healing with fun, letting children know that life still has a lot to offer.

### Location

Camp will be held the weekend of March 8-10, 2024 at Lake Aurora Christian Camp and Retreat Center in Lake Wales. Round-trip transportation is provided for all campers. Camp is situated in a rustic, wooded setting with beautiful lake views and secure cabins. Well-prepared meals will be provided and served daily.

### Camp Staff

Each cabin is assigned trained cabin volunteers who assist with group discussions and provide support, as needed. All camp staff and volunteers undergo background checks and receive comprehensive training. Interested in volunteering? Applications will begin mid-January 2024!

### Activities

Camp combines exciting outdoor activities with opportunities for group discussions led by cabin staff and volunteers. One of the most poignant activities is a memorial service designed to provide healing and closure opportunities for the child. Supervised camp activities include swimming, arts and crafts, campfires, ziplines and team sports.



### Sponsorship Opportunities

LifePath Hospice is seeking sponsors to underwrite Camp Circle of Love. **If you are interested in making monetary or in-kind donations, please contact Chapters Health Foundation 813.871.8444 or [Foundation4LPHGroup@chaptershealth.org](mailto:Foundation4LPHGroup@chaptershealth.org).**

### How to Register — Coming Mid-January 2024!

Registration includes completing an application and participating in an interview with a LifePath Hospice counselor. Registration is required for attendance. Following the interview, families will be contacted with further information regarding camp attendance. **For more information, call the LifePath Hospice Bereavement Department at 813.357.5610 or for more information, visit [www.chaptershealth.org/camp-circle-of-love/](http://www.chaptershealth.org/camp-circle-of-love/).**

SCAN ME



**Watch the Camp Circle of Love video by scanning the QR code to the left or going to the Chapters Health YouTube channel to learn more.**